ARIZONA INTERSCHOLASTIC ASSOCIATION
7007 North 18th Street, Phoenix, Arizona 85020-5552
Phone: (602) 385-3810

NextCare URGENT CARE
The Preferred Health Care Partner of the Arizona Interscholastic Association

2015-2016 ANNUAL PREPARTICIPATION PHYSICAL EVALUATION

HEALTH HISTORY FORM TO BE COMPLETED BY PARENT/GUARDIAN

Exam Date:

Name:

Sex:

Age:

Date of Birth:

Grade:

School:

Sport(s):

Address:

Phone:

Personal Physician:

Hospital Preference:

Explain "Yes" answers on following page.
Circle questions you don't know the answers to.

NextCare is the preferred partner of the AIA, it is not required you visit NextCare locations for your healthcare needs.

	Y	N
12) Have you ever had a stress fracture?		
13) Have you been told that you have or have you had an x-ray for atlantoaxial (neck) instability?		
14) Do you regularly use a brace or assistive device?		
15) Has a doctor told you that you have asthma or allergies?		
16) Do you cough, wheeze, or have difficulty breathing during or after exercise?		
17) Is there anyone in your family who has asthma?		
18) Have you ever used an inhaler or taken asthma medicine?		
19) Were you born without, are you missing, or do you have a nonfunctioning kidney, eye, testicle or any other organ?		
20) Have you had infectious mononucleosis (mono) within the last month?		
21) Do you have any rashes, pressure sores, or other skin problems?		
22) Have you had a herpes skin infection?		
23) Have you ever had an injury to your face, head, skull or brain (including a concussion, confusion, memory loss or headache from a hit to your head, having your "bell rung" or getting "dinged")?		
24) Have you ever had a seizure?		
25) Do you have headaches with exercise?		
26) Have you ever had numbness, tingling, or weakness in your arms or legs after being hit, falling, stingers or burners?		
27) When exercising in the heat, do you have severe muscle cramps or become ill?		
28) Has a doctor told you that you or someone in your family has sickle cell trait or sickle cell disease?		
29) Have you ever been tested for sickle cell trait?		
30) Have you had any problems with your eyes or vision?		
31) Do you wear glasses or contact lenses?		
32) Do you wear protective eyewear, such as goggles or a face shield?		
33) Are you happy with your weight?		
34) Are you trying to gain or lose weight?		
35) Has anyone recommended you change your weight or eating habits?		
36) Do you limit or carefully control what you eat?		
37) Do you have any concerns that you would like to discuss with a doctor?		

Females Only

Explain "Yes" Answers Here

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2015-2016 PREPARTICIPATION PHYSICAL EVALUATION (COMPLETED BY PHYSICIAN)

ONLY COMPLETE IF NEEDING A PHYSICAL EXAM

Student Name:

Date of Birth:

Patient History Questions: Please tell me about your child...

1) Has your child fainted or passed out DURING or AFTER exercise, emotion or startle?
2) Has your child ever had extreme shortness of breath during exercise?
3) Has your child had extreme fatigue associated with exercise (different from other children)?
4) Has your child ever had discomfort, pain or pressure in his/her chest during exercise?
5) Has a doctor ever ordered a test for your child's heart?
6) Has your child ever been diagnosed with an unexplained seizure disorder?
7) Has your child ever been diagnosed with exercise-induced asthma not well controlled with medication?

Family History Questions: Please tell me about any of the following in your family...

8) Are there any family members who had sudden, unexpected, unexplained death before age 50? (including SIDS, car accidents, drowning, or near drowning)
9) Are there any family members who died suddenly of "heart problems" before age 50?
10) Are there any family members who have unexplained fainting or seizures?
11) Are there any relatives with certain conditions, such as:

- Enlarged Heart
  - Hypertrophic Cardiomyopathy (HCM)
  - Dilated Cardiomyopathy (DCM)
- Heart Rhythm problems:
  - Long QT Syndrome (LQTS)
  - Short QT Syndrome
  - Brugada Syndrome
  - Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)
  - Arrhythmogenic Right Ventricular Cardiomyopathy (ARVC)
- Marfan Syndrome (Aortic Rupture)
- Heart Attack, age 50 or younger
- Pacemaker or Implanted Defibrillator
- Deaf at Birth (Congenital Deafness)

Explain "Yes" Answers Here

I hereby state that, to the best of my knowledge, my answers to all of the above questions are complete and correct. Furthermore, I acknowledge and understand that my eligibility may be revoked if I have not given truthful and accurate information in response to the above questions.

Signature of athlete　　Signature of parent/guardian　　Date

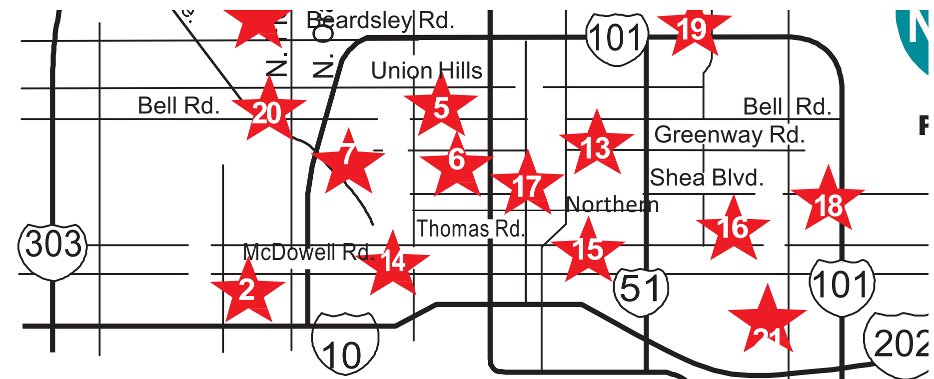
Signature of MD/DO/N　D/N　MD/N　P/PA-C/CCSP Date:

URGENT CARE

Open 7 Day A Week; Extended Hours

1-888-705-8562

NextCareAZ.com



APACHE JUNCTION
2080 W. Southern Ave., Ste. A1, AZ 85120
(Southern Ave. & S. Ironwood Dr.)

AVONDALE
13075 W. McDowell Rd., Ste. D106, AZ 85392
(McDowell Rd. & Dysart Rd.)

CASA GRANDE
1683 E. Florence Blvd., Ste. 7, AZ 85122
(Florence Blvd. & N. Arizola Rd.)

CHANDLER
600 S. Dobson Rd., Ste. C-26, AZ 85224
OPEN 8AM-MIDNIGHT, 7 DAYS A WEEK!
(Dobson Rd. & W. Frye Rd.)

GLENDALE
18589 N. 59th Ave., Ste. 101, AZ 85308
(N. 59th Ave. & W. Union Hills Dr.)
10240 N. 43rd Ave., Ste. 3, AZ 85302
(W. Peoria Ave. & N. 43rd Ave.)
9494 W. Northern Ave., Ste. 101, AZ 85305
OPEN 8AM-MIDNIGHT, 7 DAYS A WEEK!
(Northern Ave. just E of 101)

MESA
1066 N. Power Rd., Ste. 101, AZ 85205
(N. Power Rd. & E. Brown Rd.)
4401 E. McKellips Rd., Ste. 102, AZ 85215
(E. McKellips Rd. & Greenfield Rd.)

3130 E. Baseline Rd., Ste. 105, AZ 85204

(N. Lake Pleasant Rd. & W. Beardsley Rd.)

8101 N. 19th Ave., Ste. A, AZ 85021
(N. 19th Ave. & E. Northern Ave.)

SCOTTSDALE
7425 E. Shea Blvd., Ste. 108, AZ 85260
(E. Shea Blvd. & 74th St.)
20950 N.Tatum Blvd., Ste. 190, AZ 85050
(On Tatum Blvd. just north of the 101)

SUN CITY
9745 W. Bell Rd., Ste. 105, AZ 85351
(N. 98th Ave. & W. Bell Rd.)

TEMPE
914 N. Scottsdale Rd., Ste. 104, AZ 85281
(N. Scottsdale Rd. & E. Curry Rd.)

TUCSON
6238 E. Pima Street, AZ 85712
(Pima Rd. & Wilmot Rd.)
9525 E. Old Spanish Trail, Ste. 101, AZ 85748
OPEN 8AM-MIDNIGHT, 7 DAYS A WEEK!
(S. Harrison Rd. & Old Spanish Trail Rd.)
4280 North Oracle Rd., Ste. 100, AZ 85705
(Oracle Rd. & Wetmore Rd.)
5369 S. Calle Santa Cruz, Ste. 145, AZ 85706
OPEN 8AM-MIDNIGHT, 7 DAYS A WEEK!
(Between W. Irvington Rd. & Drexel Rd. on Calle Santa Cruz)
501 North Park Ave., Ste. 110, AZ 85719
(Park Ave. & 6th St.)

(Arizona 89A & Andante Dr.)